

**ANDRIANA
SIMOS**

PORTFOLIO

Journalist | Blogger | Content Creator

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CAMPBELLTOWN

NEWSLOCAL

Macarthur Chronicle

Tuesday, February 16, 2016 | macarthurchronicle.com.au



Stuart Kenny is setting out on a hair-raising quest. Picture: ROBERT POZO

Dare to go bare

It took years to grow but Camden's Stuart Kenny is willing to lose his locks in a bid to raise \$2000 for leukaemia research. **Report page 7**

CAMDEN



Stuart Kenny.

A cut above the rest

Andriana Simos

FRIENDS and family of Camden's Stuart Kenny might get a shock next month when he swaps his thick, curly locks for a new nude look.

He will also donate his long hair to the Variety Children's Foundation for wigmaking.

Two years ago a family friend, who is now in remission, was diagnosed with a brain tumour.

"I decided to donate my hair to the Variety Children's Foundation because I was really shocked by the price of wigs for children," Mr Kenny said. "The ones which looked natural were more than \$5000."

"I'm having a big party where I will put my hair in little ponytails and get people to donate money if they want to cut it," he said.

Online fishing magazine *Castemag* is also sponsoring Mr Kenny, who writes for it.

"Part of the proceeds from the sale of their latest edition will be donated to the World's Greatest Shave," Mr Kenny said.

The fundraising will be held from March 10-13.

"This will be my last opportunity to do an event like this because I am studying to become a police officer and they have to always be clean-shaven," Mr Kenny said. To donate, visit my.leukaemiafoundation.org.au/stuartkenny.

NEW NAME DISCUSSED AS CLAYMORE'S TRANSFORMATION GETS UNDER WAY

FRESH START

AS THE first blocks are released for sale at an average price of \$350,000, residents are debating whether the new-look Claymore should be renamed.

The public housing suburb is poised to shed its reputation as one of Australia's most socially disadvantaged suburbs as it is reshaped into a new estate.

Report page 7

FAMILY LAW ISSUES?

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EXAMPLES OF ONLINE

Online:

Published [here](#) on the Macarthur Chronicle website.

Social Media (Facebook):

 **Macarthur Chronicle**
13 February 2016 · 🌐

Be brave and shave like Stuart! Many years of patience went into that full head of hair and it's all going for the [World's Greatest Shave](#).




DAILYTELEGRAPH.COM.AU
Long-haired Stuart loses the locks for Leukaemia

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 **Bev Bush** Yeah legend 👍 2
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2. MACARTHUR PEOPLE

TUESDAY, JANUARY 31, 2017 | MACARTHURCHRONICLE.COM.AU

NEWS 05

TAHMOOR



Five-year-old Alexis Hulks.

Big step forward for Alexis

Daniel Zautsen

SHE'S facing challenges that most young girls her age will never even be able to fathom but that hasn't stopped five-year-old Alexis Hulks being as excited as any child about the prospect of her first day at school.

Alexis was born with oculocutaneous albinism type 2 (OCA2), meaning her eyes are very sensitive to light. This has also left her with a condition called nystagmus, which causes her eyes to move involuntarily back and forth, significantly reducing her distance vision.

On top of her low vision, Alexis had open-heart surgery last year after it was discovered a valve hadn't formed properly. Despite having the odds stacked against her so early in life, Alexis is overcoming her challenges and will begin kindergarten on Monday at Tahmoor Public School.

Mother Clarissa said Alexis was as excited as any other child about starting "big" school. "She's like the Eveready bunny right now," she said. "There's no stopping her. 'She's had to overcome obstacle after obstacle, she makes me so proud.'"

Mrs Hulks said Alexis' move into the school system would be a normal process.

"We've met with the teachers and explained about how the normal verbal instructions they might use need to be expanded on and they've been great in understanding it," she said.

"Her distance vision is very poor so when she moves into a new environment she doesn't know she shuts down a little bit but once she gets used to an area there's nothing stopping her.

"She's so strong willed and capable, it's a testament to her just how little help she needs."

Gutsy barista faces new challenge to find a job



Wez Koni is hoping to get a job as a barista and (below) he suffered severe burns as a child. Main picture: Ian Svegovic

Beautiful designs in a coffee cup

Andriana Simos

HE OVERCAME horrific burns as a child and is one of Sydney's most creative baristas but Macarthur Gardens' Wez Koni can't get a job.

The 27-year-old's exquisite designs in a coffee mug are almost too good to drink but he is struggling to find a cafe or restaurant prepared to give him a go.

Mr Koni earned a place in our nation's heart when he arrived in Australia at three years of age for the first of more than 30 operations after suffering severe burns to his face and body when he fell into a fire inside his family's home in the highlands of Papua New Guinea. He became well-known after he was featured on *60 Minutes*.

The burns left him with limited mobility in his right arm but he still pushes himself to create patterns on his coffees using only a toothpick, food colouring and chocolate sauce.

"I've always been creative but it was only when we bought a coffee machine at Macquarie Fields Salvation Army that I started looking at simple patterns such as swans and love hearts on YouTube," Mr Koni said.

"I never really considered that my burns were 'in the way.' I've learnt to use my left hand to do my art and I'm really good at mowing the lawn. I've even learnt how to drive and I used to do furniture removal work."

With that employment history under his belt, Mr Koni is now searching for a



job where he can showcase his free-pour colour coffees and newly developed portrait coffees.

"I want to find somewhere I can do my coffee art but where people can sit down and enjoy the art," he said.

"My favourite part is when I get to see the reactions on people's faces when they see the coffee for the first time. I love seeing that."

Mr Koni practises his craft every day and can create a personal portrait in the froth in less than five minutes.

"I practise because I still want the coffee to be hot when we give it to the customer. You really need to have a steady hand," he said.

To see more of Mr Koni's work visit his Instagram page JamRocklatte.

• Anyone prepared to help Mr Koni with a job can phone the Chronicle on 8332 1670.

SECOND CHANCE AT LIFE



WEZ Koni was just three years of age when he fell into a fire at his family home in Papua New Guinea and was rushed to Australia to receive emergency medical attention.

Since then, Mr Koni has been under the care of a Melbourne Hospital surgeon, Malcolm Linsell, and has undergone more than 30 operations including his initial life-saving surgery.

Dr Linsell performed the first operation on Mr Koni at Dandenong Hospital,

Victoria in 1993. The right side of his face, arms and chest were fused together and the bottom of his mouth was attached to his chest. After the first operation, he wore a pressure suit which helped to heal his scars.

Mr Koni was taken in and cared for by a Salvation Army family.

The organisation's Cranbourne branch raised \$50,000 for his surgery with support flowing from across Australia after *60 Minutes* featured the

brave little boy's battle for life. A team of surgeons, nurses and anaesthetists also worked on his surgery at no charge.

Now Mr Koni volunteers his time with the Salvation Army helping care for underprivileged children at Macquarie Fields. He said it is a way of giving back to the army organisation which helped save his life.

"It is my way of saying thank you," he said.

RUSE

Golden couple best friends

Bill and Barbara Peters celebrate their 50th wedding anniversary by sharing a laugh and family time

Bill and Barbara Peters celebrated their 50th wedding anniversary on New Year's Eve and (inset) on their wedding day. Main picture: Robert Pozo



Andriana Simos

SHARING a laugh, being friends first and working to keep the spark alive are the secrets to a long and happy marriage for Ruse couple Bill and Barbara Peters.

The devoted couple, who celebrated their golden 50th wedding anniversary on New Year's Eve, married at St Canice's Catholic Church, Elizabeth Bay, in 1966 after meeting at Barbara's cousin's wedding.

"You have to be friends before you can be lovers," Mrs Peters said.

"Bill is a real prankster

You have to be friends before you can be lovers. Bill is a real prankster and we always have a laugh

Barbara Peters

and we always have a laugh.

"People at work used to say that there would never be a dull moment in my house and they were right.

"I always say that marriage is like a business. You have to work at keeping it together."

Mrs Peters also fondly recalls their first meeting.

"Bill was invited to the wedding of my cousin because his mother used to work for them. He delivered the wedding presents," she said.

"I remember that I was told to show him where the church was and we've been together ever since."

Mrs Peters said a few months after meeting, they came to the realisation that they should

get married themselves.

"It was just an agreement between us. A kind of 'let's get married.' The proposal was not very romantic. Nothing with the rose in the teeth like you see on television today," she said. "We just knew we wanted to be with one another forever."

On the day of the wedding, not everything went smoothly after Mrs Peters' brother-in-law injured three ribs.

Mr Peters said he remembered the wedding like it was yesterday.

"Barbara's brother-in-law was carrying our wedding gifts when he fell down the stairs. Even though he hurt himself, luckily none of our gifts were broken," Mr Peters said.

Today, the couple, who have lived in Campbelltown for 48 years, are well looked after by their four children and six grandchildren.

"For our anniversary, our family gave us the gift of two nights in the city and we had a dinner cruise," Mrs Peters said. "Our children also took us out for dinner and it was a wonderful night."



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KEARNS

Winner's eyes on top agency

TV SHOW SAID NO BUT AUSTRALIA SAID YES

Andriana Simos

DESPITE her relatively short stature at 169cm, Kiane Gaut has been crowned the winner of the Australian Supermodel of the Year competition.

Family and friends encouraged Miss Gaut, of Kearns, to compete in the pageant after she was told she was too short to enter *Australia's Next Top Model*.

"I haven't modelled for very long but I do remember the time when I didn't make the cut for *Australia's Next Top Model* because I was 1cm too short," Miss Gaut said. "That's why my family and friends pushed me to take a chance with the Australian Supermodel of the Year competition."

The 16-year-old student was overwhelmed when she was announced the winner.

Miss Gaut said she gained more confidence and made



friends for life in the competition. "I was so overwhelmed when I won."

"I remember looking at my mum and thinking, 'Did I actually win?'"

"My phone was going off as well with supportive messages from all my friends and family who had waited to hear the news."

Now that the competition is over, Miss Gaut said she remained in shock but was

really grateful for the experience.

"It was such an amazing four-day event," she said.

"We took part in life coaching, cooking classes and even a final red carpet where we wore swimwear, fashion wear and formal wear."

"But I think the thing I will remember the most is meeting all the girls. I'm really going to miss them because we all became such good friends."

Miss Gaut also leaves her experience with \$8000 of prizes plus a modelling contract.

"I really want to sign up with IMG because it is one of the biggest agencies in Australia," she said. "I think all I can say to anyone who wants a modelling contract is to go for it. Take a chance. Even if you don't like a situation, go with it and see where it takes you."



Kiane Gaut is aiming for a modelling career after winning the Australian Supermodel of the Year competition.

Pictures: IAN SVEGOVIC

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CAMDEN

Deep pockets of goodwill

Dry-cleaning business wins praise for its longstanding practice of returning items left in clothing

Andriana Simos

AN ACT of goodwill is often returned when you least expect it and that is what happened to Tails the Dry-cleaner in Camden when a customer turned to social media to say thanks after they returned \$5 found in a jacket pocket.

When staff at the Argyle St business find cash or other items in the pockets of clothing they attach it to their Look What We Found envelope on the garment after it has been cleaned.

Staff have been following the tradition handing back items for more than 20 years.

Customer Kate Albertini, of Orangeville, said she was so surprised to see the envelope and \$5 returned that she wanted to thank the staff.

"I was really taken aback when I was handed the envelope and there was a \$5 note in it," she said.

"I posted it on Facebook straight away because I wanted to thank them for being so honest. You don't see that too much anymore."

Tails the Drycleaner own-

ers Peter and Lynne Smith said they were gobsmacked when they saw the Facebook post because they had used the envelopes for so long.

"We always check the clothing because if people have a small coin in their clothes or even a biro, it can cause a lot of havoc on the dry-cleaning machine," Mrs

A small coin in their clothes or even a biro can cause havoc on the dry-cleaning machine

Lynne Smith

Smith said. She said over the years staff had found many items, including a funeral eulogy, wedding speech and keys in the pockets of clothing.

"We have even had a number of bondage straps and lacy undies (found in the pockets of clothing).

"Unfortunately we don't give those undies back anymore because a few times, they haven't actually belonged to the wife," she said.



Camden's Tails the Drycleaner owners Peter and Lynne Smith with their Look What We Found cards used to return items found in the pockets of clothing. Picture: Robert Pozo

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EXAMPLES OF ONLINE

Online:

“Golden couple best friends.”

Social Media (Facebook):

Macarthur Chronicle
22 January 2017 · 🌐

Congratulations to Bill and Barbara Peters, of Ruse, who are celebrating their milestone 50th anniversary. What are their secrets to success? Find out here:



DAILYTELEGRAPH.COM.AU
Secrets to 50 years of wedded bliss

👍👍👍 You, Mandy Perrin and 171 others · 10 Comments · 7 shares

Hicran Sadrettin Congratulations! I love hearing beautiful stories like this 🍷

Like · Reply · 1y

Paul Guy Congratulations Bill and Barbra, it makes my heart smile reading about your 50 years as husband and Wife, I wish every couple I have the privilege of marrying as a celebrant can achieve what you have. well done. regards Paul Guy ,Yes i Do, Marriage Celebrant

Like · Reply · 1y

Online:

“Gutsy barista faces new challenge to find a job.”

Social Media (Facebook):

The following Facebook post is accompanied by a video.

Macarthur Chronicle
Page Liked · 30 January 2017 · 🌐

Wez Koni's coffee art
We love Wez Koni's coffee art and his passion for life after overcoming severe burns as a child. Now we hope someone offers him a job. STORY: bit.ly/2jtMWRh

23,142 Views

👍👍👍 395 · 58 Comments · 140 shares

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Most relevant ▾

Sharon Kwee Amazing Wez!! 🍷 you're heaps talented! ❤️

Like · Reply · 1y


Online:

“Winner's eyes on top agency.”

Social Media (Facebook):

Macarthur Chronicle
18 February 2016 · 🌐

At 169cm, Kearns' Kiane Gaut was told she was too short for Australia's Next Top Model. Now she's fought back against doubters, being named Australian Supermodel of the Year.



DAILYTELEGRAPH.COM.AU
Small size not a big barrier for supermodel

👍 You, Mandy Perrin and 161 others · 25 Comments · 18 shares

Kirsty Godwin-Groves Congratulations and all the best for your modeling career

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Online:

“Deep pockets of goodwill.”

Social Media (Facebook):

Macarthur Chronicle
2 February 2017 · 🌐

\$5, keys and wedding speech ... delighted customer praises Tails The Dry Cleaner for their honesty and returning what they find in your pockets.



DAILYTELEGRAPH.COM.AU
Look What We Found

👍👍👍 You, Kimmie Caines, Mandy Perrin and 183 others · 15 Comments · 14 shares

Flick Dean I worked for Lynne and peter over 11 years ago and yep, always returned what was found. They wouldn't have it any other way, truly an honest couple of people. ... See more

Like · Reply · 1y

3. ENTERTAINMENT

26 NEWS

macarthurchronicle.com.au

INGLEBURN

Meet some happy mediums

Andriana Simos

A TEAM of psychics will use their talents to create hope for some children in the Macarthur region.

The Mystic Five is raising money for the HOPE Program at a night of psychic readings at Ingleburn RSL Club on Friday, February 19.

The HOPE Program is a community project helping children get back on track through mentoring and support.

Organiser and Mystic Five team member Captain Pat continues to gather the best psychics from his radio show on C91.3FM to take part in the event.

The Mystic Five has raised close to \$75,000 over eight years through the charity nights.

"For the show this year, we have Tracy Lee, Janine Louise, Psychic Nic and Tim Le Voice who has been legally blind since birth," Captain Pat said.

"They are all very gifted and the very best in the business. They all have a good heart and are more than willing to help out."

Tim Noonan, one of the psychics featured in the



The Mystic Five (above, from left) Tracey Lee, Psychic Nik, Isaac Lewis, Janine Louise and Captain Pat are raising money for the HOPE Program at their Ingleburn RSL Club show this month.

Picture: ROBERT POZO

CHAT TO FIVE PSYCHICS AT HOPE FUNDRAISER

TOP FIVE

WHAT: The Mystic Five psychic show will raise funds for the HOPE Program
WHERE: Ingleburn RSL Club
WHEN: Friday, February 19 at 7pm
COST: Tickets are \$30
DETAILS: 9765 7700

show, said the event was an opportunity to raise funds for an important cause.

"The event will be really exciting and a totally new dynamic," Mr Noonan said.

The night also features musician Isaac Lewis and a

raffle organised by Campbelltown and Ingleburn Rotary Club.

"The HOPE Program is instigated by some local principals and Macquarie Fields police and it helps steer kids back on the right track,"

Captain Pat said. "It is an honour to be able to help out with the funding in any way possible."

Tickets to Mystic Five – a Night of Psychic Readings cost \$30. Details and bookings: 9765 7700.

Funding relies on our support

HOPE – which stands for "healthy outcomes positive engagement" – started after a local school principals forum found there was a lack of support for children aged 9-13 years.

The HOPE program aims to improve school attendance, academic performance and the attitude of the participants.

Macquarie Fields police youth liaison officer Sen-Constable

Myrna Williams (above), who runs the program, encouraged people to support the Mystic Five event to help HOPE to continue its work. "The success rate of our program is 90 per cent, but we need funds to pay for our camps and the activities we hold in the year," Sen-Constable Williams said.

Primary school students in the Macquarie Fields local area command are selected based on criteria from police and principals.



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**PICK
OF THE
WEEK**

FUN WITH A TWIST

VALENTINE'S OFF MENU FOR NIGHT

WHETHER you're single, not ready to commit or just good friends, everyone is invited to celebrate a fun night out at a Not Valentine's Day dinner at Upstairs at Fred's on Wednesday. The celebration will give people who don't celebrate Valentine's Day on Tuesday a chance to showcase their individuality and love in a different way.

"We've never held this event before but we really welcome anyone from 18 to 80 years of age to come along for a nice night and enjoy being themselves," Upstairs at Fred's owner Steve Wisbey said.

"It's going to be a really fun atmosphere featuring nice entertainment from our pianist as well as a complimentary glass of Moët on arrival."

Guests can enjoy share platters and gourmet pizzas.

"We will be having a lot of Portuguese tapas or share platters, along with special meat and seafood platters, perfect for two people," he said.

"For dessert, we have doughnuts dipped in chocolate and authentic Portuguese tarts made from a recipe given to the chef by his mother."

Cost: Average cost of the dishes is \$18 to \$25 per head
Details: 4655 5369



FOOD
Romantic
meal

LOVE IS IN THE AIR

Couples across the region are invited to wine and dine with their loved ones at Valentine's Day events across the region. Venues including Otis Bar and Grill, Campbelltown, Harrington Grove Country Club and Camden's Azz Sweet Aww are hosting four-course dinners. Ingleburn RSL Club is serving up a hot and cold seafood platter for two. Bookings are essential for all events.

Cost: Prices vary Details: Phone the respective venue



FOOTY
Battle
starts

TIGERS LIVE NRL ACTION

Fans of the Wests Tigers can cheer for their favourite NRL team when the side finishes the preseason trial series with a match against the North Queensland Cowboys at Campbelltown Stadium on Friday. Watch the team, led by coach Jason Taylor, in action from 7pm. Gates open at 6.30pm. Season 2017 starts on Friday, March 3, when the Tigers face the Rabbitohs at ANZ Stadium from 8pm.

Cost: \$10 Details: 4645 4358



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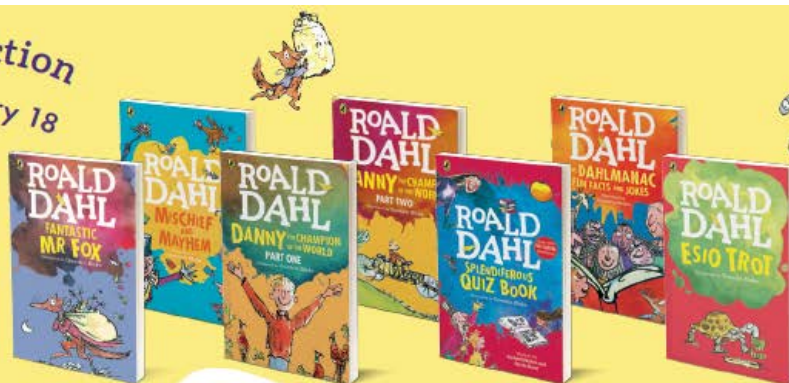
HARVEST AUTUMN VEGETABLES

Prepare and plant your garden for autumn and get ready to harvest vegetables for fun and easy meals by attending a workshop at the Macarthur Centre for Sustainable Living, Mt Annan, on Saturday from 10am to noon. People can learn to sow vegetables including beans, beetroot, cabbage, corn, eggplant and sweet potatoes for harvest. Bring the kids and enjoy a morning of fun outdoors

Cost: Free Details: 4647 9828

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dailytelegraph.com.au/RoaldDahl

4. GLOBAL KITCHEN

macarthurchronicle.com.au

TASTE 73

BestRecipes.com.au

MP'S HAPPY TO SPICE THINGS UP FAVOURITE DISH QUICK, HEALTHY

Andriana Simos *

WOLLONDILLY state Liberal MP Jai Rowell has a secret passion for healthy eating and is urging the community to unleash its inner master chef during Healthy Weight Week this week.

Mr Rowell encouraged people to make small changes to their lifestyle habits to improve their overall health.

"Residents can get involved by undertaking the cooking pledge during the seven days of Healthy Weight Week," he said.

"For cooking inspiration and tips, a free cookbook is available for participants with recipes including rocket salad and tahini yoghurt, cajun chicken burgers and pumpkin and pesto pasta."

Mr Rowell suggested his healthy dish of allspice chicken with chimichurri and brown rice as a healthy meal option.

"It is a dish jam-packed with flavour and my family and I love to cook it with fresh ingredients from our vegetable garden."

"The recipe has 16 ingredients and it's just really important to get

GLOBAL KITCHEN



the right amount of spices because otherwise the dish can be over spiced.

"One good thing about it though is that the dish is really quick to make. You can cook the chicken while the rice is boiling and everything is on the table pretty quickly."

The 39-year-old father said the dish also gave him a chance to spend time with his family after a busy day of politics.

"My family and I enjoy cooking because it brings us together as a family where we can chat about our days," he said.

"I really believe it is important to spend time cooking with my kids and teaching them healthy habits which they can pass on to their own children."

For more information, visit healthyweightweek.com.au.

* Andriana Simos is an intern from the University of NSW



Jai Rowell prepares his tasty and healthy allspice chicken with chimichurri and brown rice.
Picture: ROBERT POZO



Allspice Chicken with Chimichurri and Brown Rice

Ingredients

¾ cup brown rice, 4 spring onions, finely sliced, 2 tbsp currants, 4 tbsp red wine vinegar, 2 cups baby spinach, 1 punnet cherry tomatoes, halved, 1 bunch basil leaves, 3 tsp ground cumin, 2 tsp extra virgin olive oil, 2 tsp allspice, 2 tsp olive oil, 8 chicken tenderloins, 2 bunches asparagus, 1 long red chilli, finely sliced, 3 garlic cloves, finely sliced

Method

1. Place rice in small saucepan, cover with hot water and bring to the boil. Reduce heat to simmer and cook for 20-25 minutes. Stir through spring onion, currants, cherry tomatoes, 2 tbsp vinegar and baby spinach.
2. To make chimichurri, finely chop basil and combine in bowl with 2 tsp cumin, olive oil and remaining 2 tbsp of vinegar.
3. Rub remaining cumin and allspice over chicken. Heat large frying pan with olive oil. Cook over high heat for 2-3 minutes each side. Remove chicken from pan and add asparagus, chilli and garlic. Cook for 2-3 minutes or until asparagus is bright green and lightly charred.
4. Serve chicken and asparagus on rice with chimichurri to top.

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THE CAKE THAT WINS HEARTS

GERMAN CHOC-CHERRY CLASSIC

Andriana Simos

THE wife of Campbelltown Mayor Paul Hawker believes her cooking may be one of the reasons she won her husband's heart.

Sigrid Hawker, a talented cook with a love of German food, says Mr Hawker particularly enjoyed her German cake, schwarzwalderkirschtorte, otherwise known as black forest torte.

"Paul loves and enjoys the dish. I still believe that I first hooked him with my German cooking," she said.

Mrs Hawker said the cake recipe came from her mother. "My mother used to make it for special occasions because people always requested it," Mrs Hawker said.

"She is 90 now and I decided to learn how to cook it because I know that she can't be around forever."

The Bradbury resident relishes the chance to spread some of her German heritage to visitors.

"It's not a very difficult cake to cook and it's not super heavy. It does have a lot of layers - the chocolate sponge cake, the jelly from

GLOBAL
KITCHEN

the cherry juice, the cream and the cherries on top," she said.

"The best advice I can give is to cook it the day before to make sure it is really moist when you have visitors over."

The 60-year-old also has some handy tips when it comes to making the cherry jelly and putting the cream on top of the cake.

"With the jelly, I always drain the cherries first. Once I've done this, I boil the cherry juice and then use cornflour to make the liquid into a jelly," she said.

"Afterwards, when I have finished layering the cake, I always pick the cake up and lather cream on top while I am holding it."

"I recommend somebody sensible to put the cake on a rotating cake-stand and apply the cream that way. It would be much easier."

* Andriana Simos is an intern from the University of NSW



Sigrid Hawker prepares her delicious schwarzwalderkirschtorte or a black forest torte.
Picture: ROBERT POZO



Black Forest cake

Ingredients

1/3 cup plain flour, 1/3 cup self raising flour, 2 tbsp cocoa powder, 4 eggs separated, 1/2 cup caster sugar, 700g Morello cherries, 2 tsp cornflour, 600ml thickened cream, 1 tbsp icing sugar, 1/4 cup Kirsch liqueur, dark chocolate for grating

Method

1. Drain cherries. Blend cornflour with 1/3 cup cherry juice. Place remainder of juice in saucepan and bring to boil. Add cornflour mixture, stir until thickens. Cool in fridge.

2. Preheat oven to 180C. Grease two 20cm sandwich tins, dust with flour and line base with circle of baking paper.

3. Sift flours and cocoa three times.

4. Beat egg whites, add sugar until mixture is thick and glossy. Add yolks. Add sifted flour and cocoa. Mix and divide mixture between the two tins. Smooth top. Bake for 15 minutes. Cool.

5. Whip cream, adding icing sugar.

6. Cut each cake in half horizontally. With each layer, spread Kirsch liqueur, thickened cherry jelly, cream and drained cherries. Spread cream over top and sides.

7. Decorate with drained cherries and grated dark chocolate.

AUTHENTIC ASIAN FOR EVERY OCCASION - MAMA'S WOK YUM CHA

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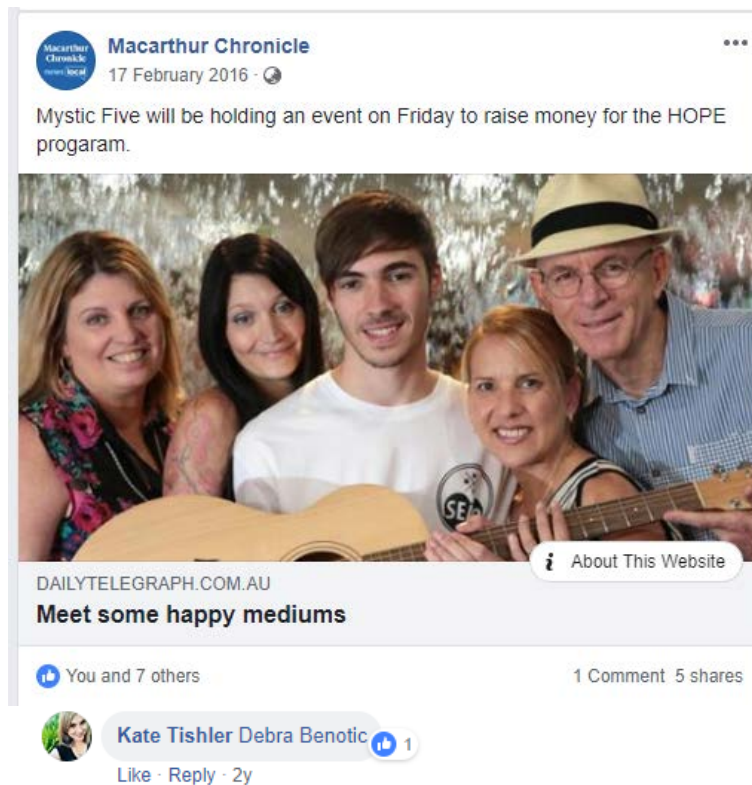
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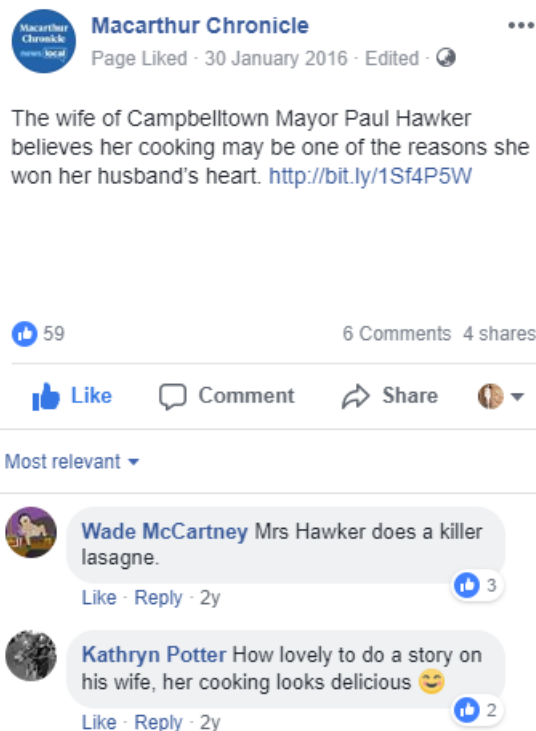
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5. EDUCATION

TUESDAY, MARCH 1, 2016 | MACARTHURCHRONICLE.COM.AU

@SCHOOL 69

CURRAN PUBLIC SCHOOL

Solving travel 'problem'

Andriana Simos *

TWELVE students from Curran Public School are heading to Michigan, in the US, in June to compete in the international finals of the Future Problem Solving Program.

Principal Michael Strahan is appealing to the Macarthur community to help the school raise funds for the trip because he said the competition has helped his students feel empowered to make positive changes within the community.

"It is really important within our school to develop a social conscience in kids as part of their holistic development and to show them that they can have an impact on their own community if they put their mind to it," Mr Strahan said.

"The competition was a good opportunity for the students to practise these skills."

The school, in Macquarie Fields, is the only NSW public school to be named National Champions in the Community Problem Solving division in the Future Problem Solving Program.

Mr Strahan said the competition was demanding but he was immensely proud of



Curran Public School students Nani Crichton, Alishah Mohammed, Adalyah Swann, Naomi Uepa, Aakash Dilip and Jonah Faafiu, all 11, prepare to compete in the international finals of the Future Problem Solving Program in the US in June. Picture: Melvyn Knipe

the students and their efforts.

"All the kids had to submit a report about a problem they wanted to fix and then they were selected for the national finals," he said.

"They created a display, were interviewed by a third party and at the end they re-

ceived enough marks to become National Champions in the Community Problem Solving division.

"It was such an uplifting feeling to experience that because they really deserved it. That is why I really encourage people to donate so that we can get

these students to America." The fundraising attempts have already begun, with the school setting up a crowdfunding site where every donation above \$2 is tax deductible, as well as organising a fundraising ball on May 7.

"All these funds will go to

the students' trips as well as to support the supervising teachers," he said.

To donate contact 9605 4524 or visit schools plus.org.au/projects/macquarie-fields-michigan.

Andriana Simos is an intern from the University of NSW



Camden South's Ivan Brcic.

Dux suits achiever

Andriana Simos

IVAN Brcic has received the St Gregory's College dux award for 2015 after he received an ATAR of 97.55.

"My goal from Year 7 was to win the award and when my ATAR finally came out I was so happy," Ivan, of Camden South, said.

"Two hours later I received the Academic Achievement Award from the University of NSW and I knew that I had won dux because only the student with the highest ATAR from each school could win that award."

Ivan will continue his education, studying for a Bachelor of Law with a Bachelor of International Studies.

"I always knew from a young age that I wanted to be a lawyer. I wanted to become a man that always wore a suit and I loved to debate a lot," he said.

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KENTLYN PUBLIC SCHOOL

Saving for a rainy day covered area

STUDY, PLAY IN ALL WEATHER

Andriana Simos*

KENTLYN Public School is aiming to raise \$60,000 for a covered outdoor learning area with help from the community.

The school needs a multi-purpose area for study, sport and community gatherings after its student population rose from 125 to 151 in the past four years.

"The school hall is too small for our students now and we really want a multi-purpose area where our students can gather to learn, play sport and take part in ceremonies without worrying about the weather," principal Androula Kavaliris said.

"It is a really big project to raise \$60,000 but I am very confident that we will be able to raise this money as a community."

"Last year's combined

"The school hall is too small for our students now and we really want a multipurpose area."

- Androula Kavaliris

effort from the community and local businesses assisted us in purchasing laptops for each of our students, which stay with them until Year 6.

"I'm hopeful that if we work together as a community we can continue to make the impossible, possible."

The school was established in 1937.

"We are a small school with a big school vision and we love to cater for individual needs," she said.

Details: 4628 2455.

*Andriana Simos is an intern from the University of NSW.



Joshua Wadick, 9, Gemma Wadick, 7, Clare Seeney, 8, and Jayden Gerrard, 11, are hoping enough money can be raised for a covered outdoor learning area so they don't get wet in the rain when playing or working outside.

Picture: ROBERT POZO

Information Evening Year 7 2017

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6. LOCAL CRIME

18 NEWS

MACARTHURCHRONICLE.COM.AU | TUESDAY, JANUARY 31, 2017

INGLEBURN

Scammers try to access personal data over phone

Callers pretend to be helpful Telstra workers

Andriana Simos

A SCAMMER posing as a Telstra worker is targeting people by trying to hack into their personal computers over the phone.

Ingleburn husband-and-wife Paul and Jan Neaves were contacted by a woman claiming to be Olivia Silva who ordered them to log on to their computer immediately as it was being hacked.

The woman then provided an ID number followed by an urgent message that hackers were attacking their Event Viewer, a file they had on their iPad but not their computer.

"When she asked us to take the phone to the computer and press Control, I realised that we were being scammed," Mrs Neaves said. "She was going to

Telstra's advice



- » Never give an unsolicited caller access to your computer
- » Ensure your computer is protected with antivirus software
- » If you think something's not right, hang up

somehow take control of the computer and steal my personal details which are saved on it."

Mrs Neaves said that the hacking scare came as a shock to the pair.

"There have been no more calls since then but when the Telstra repairman came out a few days later to fix the internet, he said Telstra would never ring up and do that."

A Telstra spokesman said any attempt to deceive its customers with false information was "very concerning". He said never give an unsolicited caller remote access to your computer.

"Customers need to be prepared for scam callers and the advice we give them is to hang up immediately if they're not sure who is on the other end of the phone and to report the call to the Australian Competition and Consumer Commission (ACCC)," he said.

Det-Sgt Rachel Fawett, of Macquarie Fields police, said older people were more at risk because they did not have access to online warnings which a lot of people post on social media.

"If in doubt, ring the police and we can make a record of it," he said.



Taylor Pearce tries her hand at Jenga wearing the fatal vision goggles as part of Youth Solutions' Drug and Alcohol Information and Resilience Skills program.

DEVELOPING A ZEST FOR LIFE

Luisa Cogno

AN innovative program which aims to build resilience in Macarthur area young people and educate them about the harms of drugs and alcohol has been nominated for a prestigious Zest Award.

Run by Youth Solutions, the Drug and Alcohol Information and Resilience Skills program has been delivered to 1000 14 to 16-year-olds in 47 schools in the Macarthur area and Wingecarribee in the past four years.

Youth Solutions youth development coordinator Karen Yuen said 98.85 per cent of teenagers who took part in the

program, which is run over four to six sessions, stated it has increased their knowledge of skills and resilience.

"What we do is educate young people on how to support their friends and look after themselves. It also builds resilience in young people," she said. "We are very excited and honoured to be nominated."

The Zest Awards are run by the Western Sydney Community Forum.

Other Macarthur area nominees include Phil Pettitt from the Community Greening Program and the Macarthur Access Group for Inclusive Communities.

The winners will be announced at ANZ Stadium on Wednesday, February 22.

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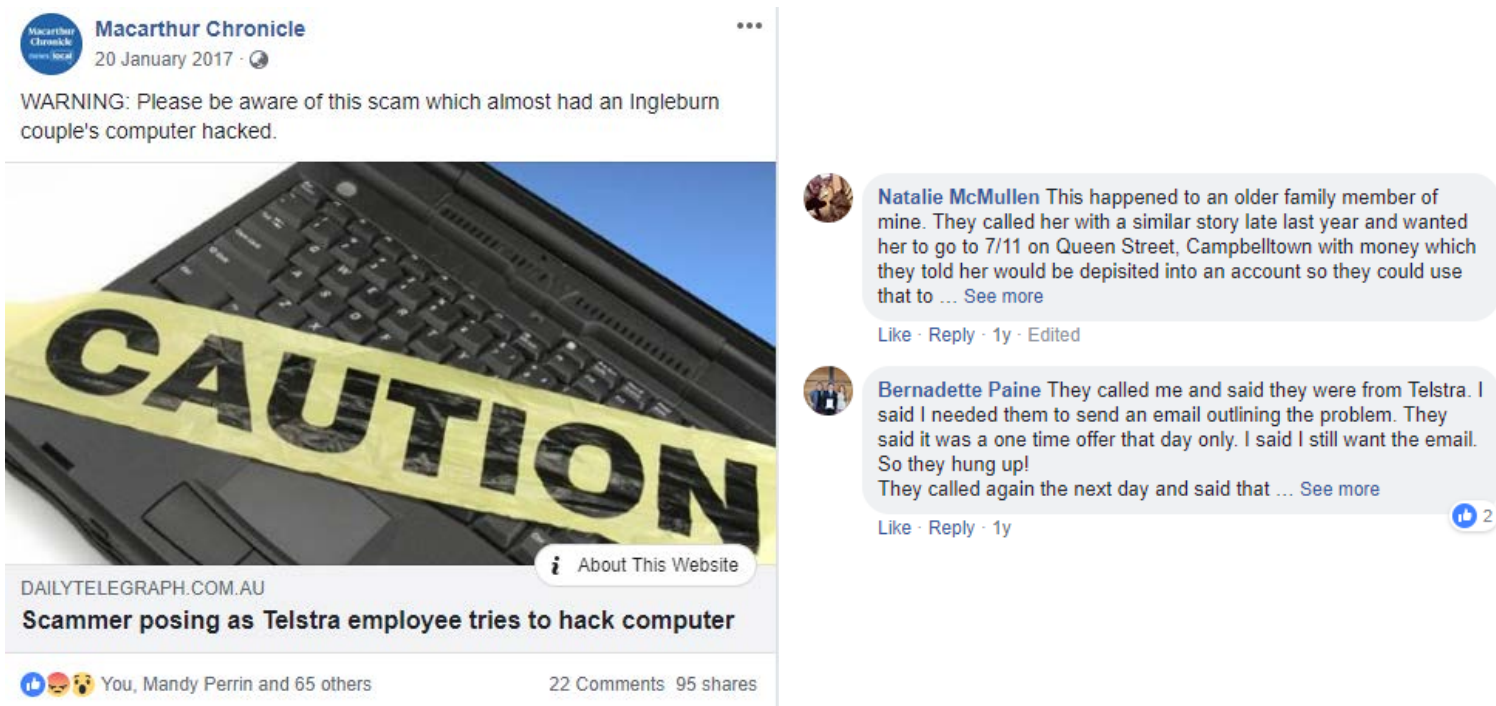
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Online:

“Scammers try to access personal data over phone.”

Social Media (Facebook):



7. HEALTH & LIFESTYLE

72 LIFESTYLE

macarthurchronicle.com.au

MACARTHUR REGION

CUPPAS FIGHT OVARIAN CANCER

EVENT WILL RAISE MONEY FOR RESEARCH

Andriana Simos*

ENJOY a cuppa and wear the colour teal to support ovarian cancer research.

Residents are invited to the second annual Macarthur Afternoon Teal on Sunday to raise funds for Ovarian Cancer Australia.

Amanda Morgan is hosting the afternoon tea from 2pm at Currans Hill Public School after her mother was diagnosed with the disease two-and-a-half years ago.

"Initially I was inspired to host the afternoon tea because my mum was diagnosed with ovarian cancer," Mrs Morgan, of Currans Hill, said.

"With the success of last year's event as well, where we raised over \$4700, I really wanted to see what we could do this year.

"It's just all about raising awareness for ovarian cancer because the community doesn't know much about

YOU'RE INVITED

WHAT: Macarthur Afternoon Teal

WHO: Residents are encouraged to wear teal as it is the international colour for ovarian cancer

WHEN: Sunday, February 28, at 2pm

WHERE: Currans Hill Public School

DONATE: ovariancancer.secure.force.com/Fundraise/AfternoonTeal/MacarthurAfternoonTeal1

the symptoms and there is currently no early detection test for the disease."

All the funding from the event will go towards support programs for women affected by the disease as well as research programs at Ovarian Cancer Australia.

"I chose Ovarian Cancer Australia because it is the peak national organisation for the disease," she said.

"They were so helpful when my mother was diagnosed and the kits which they sent out were just invaluable. We will raise the funds through our raffle as well as other activities such as face painting, lucky door prizes and a lolly guessing competition.

"We will also be encouraging online donations, donations on the day and we will be selling teal ribbons because that is the international colour for ovarian cancer."

C91.3FM is planning a live cross from the event.

"Everyone is welcome to attend including children because we have a lot of activities to keep them entertained," Mrs Morgan said.

"We encourage everyone to come down, share afternoon tea with us, have fun and raise awareness."

*Andriana Simos is an intern from the University of NSW.



Ray and Amanda Morgan welcome the community to the Macarthur Afternoon Teal on Sunday to raise money for ovarian cancer research.

Picture: ROBERT POZO

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CAMPBELLTOWN

DONATE BLOOD AND SAVE LIVES

RED CROSS URGES RESIDENTS TO HELP

Andriana Simos*

MACARTHUR region residents are urged to help the Australian Red Cross Blood Service achieve its goal of attracting an additional 115,000 blood donors this year.

Red Cross spokeswoman Gemma Falkenmire was appealing for residents to become blood donors ahead of the mobile blood service's visit to Campbelltown Bunnings from February 22 to 25.

"There are times when donor numbers are traditionally low, such as long-weekends and cold and flu outbreaks, so we need additional donors to come on board," Ms Falkenmire said. "We need to continue helping the one in three Australians who will need donated blood in their lifetime."

Ms Falkenmire said people should make an appointment

SAVING LIVES

WHAT: Australian Red Cross Mobile Donor Centre at Bunnings Campbelltown
WHERE: 1 Kellicar Road, Campbelltown
WHEN: February 22-25 and March 29-31
DETAILS: 13 14 96 or visit donateblood.com.au

ment before they visited Bunnings Campbelltown to help the blood bank ensure the right amount of blood was collected.

"Appointments are really crucial as they help us keep track of how much blood we are collecting," Ms Falkenmire said.

"If we collect too much of one blood type we stop collecting it or we collect less."

"We need to be careful because we can't really stockpile the blood."

People aged between 16 and 70 are eligible to donate but residents should check

the criteria. "We are trying to encourage new donors to donate but we also need them to check if they are eligible," Ms Falkenmire said.

"If it is their first time donating, we also encourage them to do it with someone else for the moral support."

"Drink lots of water and eat well."

"On the day the donor will have a health check, followed by 5-10 minutes of donating blood and then something to eat and drink will be provided by the blood service."

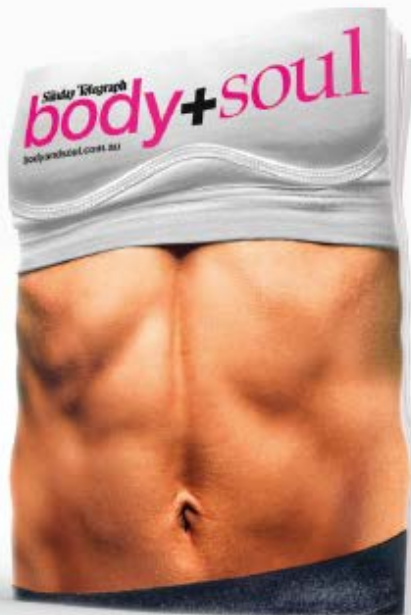
The blood service hopes to achieve its goal of an extra 115,000 donors by the end of the year.

"We would really like to thank the small group of people in the Macarthur area who are being generous and saving lives," Miss Falkenmire said.

* Andriana Simos is an intern from the University of NSW.



The Red Cross is appealing for more blood donors at its Campbelltown clinic next week.



We've been to bootcamp. See the results this Sunday.

The Sunday Telegraph

AMBARVALE



Richard Jaschke and Macarthur Saints' players thank Craig O'Brien for the Ambarvale Hotel's support.

Picture: ROBERT POZO

Hotel helps keep Saints marching in

Andriana Simos

GENEROUS patrons at Ambarvale Hotel have kicked off the Macarthur Saints Junior Rugby League Football Club's new season by raising a five-figure sum with its mega meat raffles.

The weekly raffles on Fridays have raised enough funds to keep the club registration costs down for players and to purchase new equipment, including a storage shed and drink bottles. "We're excited that we're able to contribute back in

different ways," hotel licensee Craig O'Brien said. "It's great we can get families together, have a bit of fun and know we're helping kids get into sport." Club president Richard Jaschke is delighted with the hotel's support.

"The Ambarvale Hotel is very helpful and we are grateful for their continual support ... Our main priority now is to get two all-girl teams up and running," Mr Jaschke said. Registrations for the new season open on January 30.

MACARTHUR REGION

Service NSW fix

MP LOBBIES FOR BIGGER SHOP

Peter Way

A NEW, larger shopfront for Service NSW in Macarthur Square is a possibility, according to Wollondilly state Liberal MP Jai Rowell.

Mr Rowell was successful in lobbying the Government for a kiosk at the shopping centre but customers cannot have all Service NSW transactions processed at the Macarthur Square location and some residents don't like the small congested nature of the open kiosk.

Mr Rowell said he had raised the issue of having a larger secondary Service NSW shopfront.

"I have discussed with the Government about the service going from a kiosk to a shop front and I am advised that it depends on the demand for the service," Mr Rowell said.

"I will continue to advocate for more servi-



Jai Rowell

ces in our region and have successfully secured a site in the Wollondilly

electorate as well."

The only Service NSW shop that can do all transactions is inconveniently located at Gregory Hills after the closure of RMS services at Campbelltown and Ingleburn late last year.

"When I heard about the closures of the RMS I lobbied to have a Services NSW service," Mr Rowell said.

"The kiosk is now at Macarthur Square and I am advised that it has helped many people and it has been quite busy. The services that are able to be provided in Campbelltown are numerous with many services not previously being available in our region."

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